

		l	m	x	j	v	s	d
07:00 - 07:50	SALA 1	G.A.C. CLL	BODY PUMP MON	T.B.C. MON		T.B.C. CLL		
		CIRCUIT FIT MON	T.B.C. CLL	BODY PUMP CLL				
07:00 - 08:00	SALA 1					JUMPING MON		
08:00 - 08:50	SALA 1		BODY MIND MON	G.A.C. CLL	T.B.C. CLL	BODY PUMP MON		
			BODY PUMP CLL		REED. POSTURAL MON			
09:30 - 10:20	SALA 1	T.B.C. CLL	MANTENIMENT CLL	T.B.C. MON	ZUMBA CLL	G.A.C. CLL		REED. POSTURAL MON
		G.A.C. MON			MANTENIMENT MON	CIRCUIT FIT MON		
10:30 - 11:20	SALA 1	REED. POSTURAL MON	T.B.C. CLL	BODY PUMP CLL	ZUMBA MON	REED. POSTURAL MON		BODY PUMP MON
		ZUMBA CLL	BALLS EN LINIA MON		BODY PUMP CLL			T.B.C. CLL
11:30 - 12:20	SALA 1						ZUMBA CLL	ZUMBA CLL
							ZUMBA CLL	ZUMBA CLL
							ZUMBA CLL	ZUMBA CLL
							ZUMBA CLL	
							T.B.C. MON	
12:30 - 13:20	SALA 1						BODY COMBAT® CLL	
							BODY COMBAT® MON	
14:30 - 15:00	SALA 1			H.I.I.T. CLL		H.I.I.T. CLL		
				H.I.I.T. MON				
14:30 - 15:20	SALA 1		T.B.C. CLL		G.A.C. CLL			
15:30 - 16:00	SALA 1			H.I.I.T. MON				
15:30 - 16:20	SALA 1	BODY MIND MON						
16:30 - 17:20	SALA 1	G.A.C. CLL	CIRCUIT FIT MON	ZUMBA CLL	BODY PUMP MON	T.B.C. CLL		
			TONIFICACIÓ CLL		BODY PUMP CLL			
17:30 - 18:20	SALA 1	BODY PUMP MON	BODY COMBAT® MON	BODY PUMP MON	T.B.C. MON	ZUMBA MON		
		ZUMBA CLL	T.B.C. CLL	BODY PUMP CLL	G.A.C. CLL	TONIFICACIÓ CLL		
18:30 - 19:20	SALA 1	T.B.C. CLL	BODY PUMP MON	MANTENIMENT MON	ZUMBA MON	T.B.C. MON		
		MANTENIMENT MON	ZUMBA CLL	G.A.C. CLL	BODY COMBAT® CLL			
19:30 - 20:20	SALA 1	T.B.C. MON	BODY PUMP CLL	MANTENIMENT CLL	ZUMBA CLL	BODY COMBAT® MON		
		BODY PUMP CLL	ZUMBA MON	BODY COMBAT® MON	BODY PUMP MON			