

		l	m	x	j	v	s	d
07:00 - 07:50	SALA 1	G.A.C. CLL	T.B.C. CLL	BODY PUMP CLL		T.B.C. CLL		
	SALA 2				SPINCLUB CLL			
08:00 - 08:50	SALA 2	SPINCLUB CLL				SPINCLUB CLL		
		SPINCLUB CLL						
	SALA 1		BODY PUMP CLL	G.A.C. CLL	T.B.C. CLL			
09:30 - 10:20	SALA 3	BALLS EN LINIA CLL		BALLS EN LINIA CLL		MANTENIMENT CLL		
	SALA 2		SPINCLUB CLL	SPINCLUB CLL	SPINCLUB CLL			SPINCLUB CLL
	SALA 1	T.B.C. CLL	MANTENIMENT CLL		ZUMBA CLL	G.A.C. CLL		
							FUNCIONAL CLL	
10:30 - 11:00	SALA 2				SPINHIIT CLL			
						CORE CLL		
10:30 - 11:20	SALA 1	ZUMBA CLL	T.B.C. CLL	BODY PUMP CLL	BODY PUMP CLL			T.B.C. CLL
	SALA 2	SPINCLUB CLL				SPINCLUB CLL	SPINCLUB CLL	
	SALA 3			MANTENIMENT CLL		BALLS EN LINIA CLL		
11:30 - 12:20	SALA 1						ZUMBA CLL	ZUMBA CLL
							ZUMBA CLL	ZUMBA CLL
							ZUMBA CLL	ZUMBA CLL
							ZUMBA CLL	
12:30 - 13:20	SALA 1					BODY COMBAT® CLL		
14:30 - 15:00	SALA 1			H.I.I.T. CLL		H.I.I.T. CLL		
	SALA 2	SPINHIIT CLL						
14:30 - 15:20					GLUTE CLL			
	SALA 1		T.B.C. CLL		G.A.C. CLL			
16:30 - 17:20	SALA 1	G.A.C. CLL	TONIFICACIÓ CLL	ZUMBA CLL	BODY PUMP CLL	T.B.C. CLL		
	SALA 3	BODY MIND BUD	BODY MIND BUD	BODY MIND BUD	BODY MIND BUD			
17:30 - 18:20	SALA 1	ZUMBA CLL	T.B.C. CLL	BODY PUMP CLL	G.A.C. CLL	TONIFICACIÓ CLL		
	SALA 2	SPINCLUB CLL	SPINCLUB CLL	SPINCLUB CLL	SPINCLUB CLL			
18:00 - 18:50	EXTERIOR	RUNNING CLL						
18:30 - 19:20	SALA 2	SPINCLUB CLL	SPINCLUB CLL	SPINCLUB CLL	SPINCLUB CLL	SPINCLUB CLL		
	SALA 1	T.B.C. CLL	ZUMBA CLL	G.A.C. CLL	BODY COMBAT® CLL			
	SALA 3	BALLS EN LINIA CLL	BODY COMBAT® CLL	BALLS EN LINIA CLL	BALLS EN LINIA CLL			
19:30 - 20:20	SALA 1	BODY PUMP CLL	BODY PUMP CLL	MANTENIMENT CLL	ZUMBA CLL			
	SALA 2	SPINCLUB CLL	SPINCLUB CLL	SPINCLUB CLL				
	SALA 3				JUMPING CLL			