

		dl	dt	dc	dj	dv	db	dg
07:00 - 07:45			ENTRENAMENT		ENTRENAMENT			
09:00 - 09:45						ENTRENAMENT		
09:15 - 10:00		ENTRENAMENT		ENTRENAMENT				
20:00 - 20:45		ENTRENAMENT	ENTRENAMENT	ENTRENAMENT	ENTRENAMENT			